

Fairbrae Swim and Racquet Club, 696 Sheraton Drive Sunnyvale, CA 94087 (408) 739-3833 WWW.FAIRBRAE.COM

# Fairbrae Filter

Volume 16 Issue 3 March 2009

# Fairbrae's Annual Board meeting will be on Monday March 9th, in the clubhouse at 7:00pm...

new board members will be elected and all members are invited to attend. Food and drinks provided and your chance to ask questions and meet Fairbrae's outgoing, incoming and current board members.

Fairbrae is looking for members who are interested in becoming part of next year's Board of Directors. Board members serve a two year term with elections on March 9th during our annual board meeting. If you are interested please email the Board president, David Crewe, at *Crewe.Fairbrae@sbcglobal.net* for more information.

## Fairbrae's next family event will be...

May 31st, our annual Spring-A-Board BBQ with live music, face painting, games and the ever popular "Biggest Splash Contest" and Tennis Tournament. Put the date on your calendar with more information to follow in upcoming newsletters.

## Beginner's Yoga Workshop..."Ease into Yoga"

March 22nd from 1:30 to 3:30pm with certified instructor Lynn-Marie Murphy. Join Lynn-Marie as she uses the ancient art of Yoga to release tension and stress by utilizing breathing to calm and soothe the nervous system along with gentle stretching exercises.

Yoga straps and blocks will be provided, please bring your own mat.

Further classes will be discussed (weekly classes, intermediate and advance and candle light yoga).

Fee is \$20.00 and guests are welcome, please RSVP to the office as limited space is available.

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**Reminder...** The SUNN swim team will once again be practicing at Fairbrae now thru April 17th. They will be utilizing the far 4 lanes from 4-6:45pm Monday-Thursday and from 4-6pm on Fridays. And, as always, there will be lanes available for members' use during these days and times

## 2009 Manta Ray Registration...

Is currently underway. Practice begins on April 20th. To register please contact Michele at the Fairbrae office (408) 739-3833.

#### Sunday BBQ's begin June 7th...

It's never to early to sign up to host one of our fabulous Sunday BBQ's. Host family will receive a \$50.00 gift certificate good for guest fees for the year. BBQ's are normally from 4pm to7pm and host family will be allocated \$350.00 to spend on food and drinks. Our efficient gate guards will be on hand to help. For additional information please contact Steve or Paula in the office.

"The secret to staying young is to live honestly, eat slowly and lie about your age." Lucille Ball

"There are 3 stages of man: youth, middle age and you look good." Red Skelton

OFFICE HOURS: March M-Sun...8-11:00am, 5-7pm. (408) 739-3833

Email: Steve@fairbrae.com

#### **Board of Directors:**

David Crewe President Robert Blackburn Vice-President Laura Healy Secretary John Cwynar Treasurer Peter Bodsky At Large Joel Amzallag At Large Jeff Rohrer At Large Next board meeting will be on March 9th in the Clubhouse at 7:00pm.