

Fairbrae Swim and Racquet Club, 696 Sheraton Drive Sunnyvale, CA 94087 (408) 739-3833 WWW.FAIRBRAE.COM

## Fairbrae Filter

# Upcoming Event!!!

### June 3rd...Spring-A-Board BBQ...

Each year we start off the summer season with a fabulous event with no guest fees and all are welcome. This is an opportunity to invite your friends and families from the neighborhood to show off our beautiful club, and to let them know that joining Fairbrae is a wonderful idea. It is also an opportunity to meet the new Board members who will be in attendance cooking and serving the food for your pleasure.

BBQ is served from 4pm to 6pm Bring your appetite, everything else provided Tennis Tournament\* On Saturday...Junior Doubles 3-6pm On Saturday... Beginning Women's/Men's Doubles 6:00-8:30

Intermediate/Advance Men's and Women's doubles will be held on Sunday

2-5:30pm will be the Men's doubles 5:30-9pm will be the Ladies doubles

\*sign up with Steve at the office or contact Winston: winston\_lowe@hotmail.com

### PLUS: Join us for live music from the band "Hook" @4pm. PLUS: Our favorite face painter Sandra @3pm

### Fairbrae is continuing it's green movement! Monthly Statement and Newsletter

We are sending out your monthly newsletter email beginning with this newsletter. If you have not received the electronic email newsletter please contact the office to update your email address for future newsletters. <u>Beginning next month we will be sending out both the newsletter and statements via email</u>, so please email your current email address to the office at steve@fairbrae.com. If you wish to continue receiving your information via regular mail please let us know.

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### Sunday BBQ's begin June 10th...Sign up to Host!

It's never too early to sign up to host one of our fabulous Sunday BBQ's. For volunteering the host family will receive a \$50.00 gift certificate good for guest fees for the year. BBQ's are normally from 4pm to 7pm and host family will be allocated \$350.00 to spend on food and drinks. Our efficient gate guards will be on hand to help. For additional information please contact Steve or Paula in the office.

#### Introducing a new class on Friday mornings from 8:45 to 9:45

Qi (pronounced "chee") Gong is a series of low impact, moving meditation and breathing exercises that reduce stress, assist in getting the joints and muscle back in alignment, strengthen the immune system and balance the mind, body and spirit. Exercises change based on the needs of the students. The routines are relatively easy for people of all ages to learn and provide a lifetime of enjoyment and health benefits. Newcomers are welcome in any class. Fees are \$3.00 for Fairbrae members (\$5.00 non-members). There will be no fee for first class on May 11th. Julie Nottage will be our instructor.

Julie teaches Qi Gong at Northwest YMCA (Cupertino) and to private clients. She applies Qi Gong principles in her "day job" at NASA. For more details about Wild Goose Qi Gong and Julie's work, you may enjoy visiting <u>http://www.wildcoastqigong.com</u>.

#### Now Registering for Summer Swim/Tennis Lessons

Swim lessons begin June 18th for 4 two week sessions (M-Th) Member fee is \$60.00 per session (\$100.00 non-members) Tennis lessons begin June 19th for 3 three week sessions (T&Th) Member fee is \$50.00-\$70.00 per session More information on our website (www.fairbrae.com).

### Piano and Harp lessons at Fairbrae!!!

Are you or your children interested in learning the piano or harp? Fairbrae will be offering classes in piano and harp beginning this summer in the clubhouse. We are proud to announce that renown accompanist/teacher and Fairbrae member, Beth Erickson, has agreed to be our instructor.

	Board of Directors:	
OFFICE HOURS: M-Sun9am-12pm & 4pm-7pm Email: Steve@fairbrae.com (408) 739-3833	Mark Chase Rob Sheffer Paul Van Hoorickx Beth Muskat Felicia Fry Dirk Leone Eric Goddard Next Board meeting will be in the clubhouse at 7:00pm.	